Decision-Making Profile

What others need to know to support me to participate in decision making

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This sheet is designed to establish a snapshot of current strategies that support me to make decisions and express opinions. This does not describe my potential. You should also refer to my Communication Dictionary.

Name

Date

How I express preferences (like/dislike)

How I show I <u>like</u> something:

How I show I <u>do not like</u> something:

Other:

How I say 'Yes' and 'No'

(select all that apply)

☐ Verbally

☐ Conventional head movements (nod/shake)

☐ Aided (e.g., a communication device)

☐ Unconventionally:

　　Yes:
　　　- E.g.:
　　No:
　　　- E.g.:

How I express my priorities (rank preferences)

How I need options presented

(select all that apply)

☐ Written

☐ Picture symbols

☐ Photos

☐ Experiences

☐ Read aloud

☐ Videos

☐ Something else:

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Things that <u>help</u> me make decisions

(select all that apply)

☐ Written information

☐ Picture symbols

☐ Photos

☐ Personal experiences

☐ Extra time

☐ One decision at a time

☐ Planning ahead

☐ Something else:

Things that <u>do not help</u> me make decisions

(select all that apply)

☐ Written information

☐ More than one decision at a time

☐ Time pressure

☐ No personal experience of the options

☐ Sensory differences:

☐ Something else:

Times that are <u>good</u> for making decisions

(select all that apply)

☐ After I have eaten
☐ After sleeping

☐ After some medication:

☐ Certain times of day:

- ☐ Morning
- ☐ Midday
- ☐ Afternoon
- ☐ Evening

☐ Something else:

Times that are <u>not good</u> for making decisions

(select all that apply)

☐ When I am hungry

☐ When I am tired

☐ After some medication:

☐ After making other decisions

☐ Certain times of day:

- ☐ Morning
- ☐ Midday
- ☐ Afternoon
- ☐ Evening

☐ Something else:

Key life experiences I want you to know about

Based on the work of Helen Sanderson Associates: http://helensandersonassociates.co.uk/