

# Your journey with indigo.

## Therapy Services



1. Make an enquiry on our website or over the phone. Our team can guide you through your options, talk to you about your goals and how Indigo can help you with them.



2. Complete a service agreement. We'll help you set out what your goals are in order to work with our therapists.

End service



5. Decide to end the service (discharge) or re-engage with us to develop a new plan with a new service agreement.



3. Book an appointment to meet your therapist and start working together on the goals outlined in your agreement.



4. We review your situation with you and determine if you require ongoing support or if circumstances change.

Our therapists work with you to achieve your goals of independence, offering advice, new ways of doing activities or recommendations for assistive technology.

We measure your progress and outcomes, determining if your plan was successful or needs adapting to meet your needs.



08 9381 0600



help@indigosolutions.org.au